

# Artificial Intelligence in Healthcare: Neural Network, Ethics of Machine Learning, Transformative Impact

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**Abstract:-** Artificial intelligence (AI) is transforming healthcare with advanced diagnostics, personalized medicine, and improved patient outcomes. This article explores the applications of neural networks and machine learning for diagnosing and controlling tongue cancer and brain Hemorrhage. The ethical aspect of embracing AI in clinical practice is also discussed. The debate intertwines existing research, emphasizes clinical breakthroughs, and outlines challenges and directions. Recent studies have demonstrated that convolutional neural networks (CNNs) are capable of competing with the diagnostic accuracy of seasoned radiologists in medical imaging modalities such as MRI, CT, and PET scans. In brain Hemorrhage, AI-based systems have produced promising results with real-time detection, enabling faster emergency response time and timely surgical intervention. For tongue cancer, AI has enabled more efficient screening using histopathological image analysis and oral scans, which assist doctors in staging and grading tumors more consistently. This study reviews current literature and clinical case reports to draw attention to the potential for AI to revolutionize precision medicine and public health. It concludes with recommendations for future research, including the need for longitudinal clinical trials, federated learning algorithms to protect patient data, and inclusive AI systems that are generalizable to heterogeneous populations.

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## I. INTRODUCTION

One of the most significant technological advancements of the twenty-first century is the use of artificial intelligence (AI) in healthcare. By processing massive datasets at unprecedented speed and accuracy, neural networks, a type of machine learning, are revolutionizing patient care delivery, treatment personalization, and diagnostics.

For instance, in studies with strict controls, AI algorithms have achieved diagnostic accuracies of over 99%, surpassing human radiologists in the detection of breast cancer from mammograms. Similarly, partnerships like IBM Watson Health and the Mayo Clinic use AI to customize cancer treatments, reducing the need for trial-and-error techniques and improving survival rates. Accountability and trust in clinical practice are hampered by the ethical problems that arise from such rapid adoption, such as algorithm bias, data privacy issues, and the "black box" nature of neural networks. AI technologies, particularly neural networks and machine learning, are revolutionizing the diagnosis, prognosis, and treatment of complex illnesses. The standard for early detection, risk assessment, and treatment planning is being raised by AI-powered solutions in neurology and oncology, especially in settings with constrained resources. Examining the groundbreaking impacts of artificial intelligence (AI), specifically neural networks and machine

learning algorithms, on the detection of tongue cancer and the treatment of brain Hemorrhage is the aim of this article. Along with examining the medical and technological developments made possible by AI.

## II. METHODS

### A. Neural Network in Healthcare

Neural networks are foundational to modern artificial intelligence (AI), enabling machines to perform tasks that traditionally required human intelligence, such as recognizing images, understanding speech, and making complex decisions. They consist of interconnected units called "neurons" which are organized into layers: an input layer, one or more hidden layers, and an output layer. Each node processes input data, applies a mathematical operation, and passes the result to the next layer.

#### ➤ Input Layer:

Accepts raw data (such as images, text, or audio).

#### ➤ Hidden Layer:

Process the data, learning to extract features and patterns from weighted connections and activation functions.

#### ➤ Output Layer:

Generates the final prediction or classification.

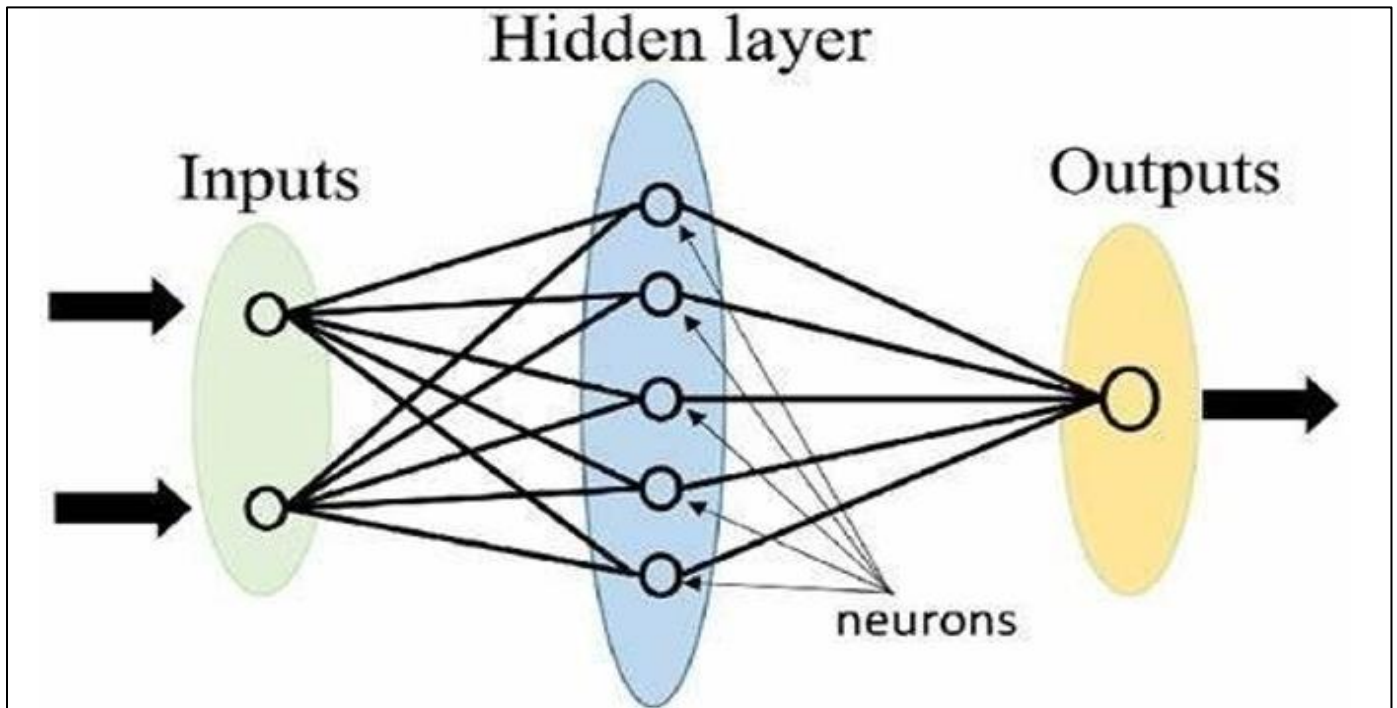


Fig 1 Block Diagram of Neural Network

Source: ResearchGate.[https://www.researchgate.net/figure/Block-diagram-of-a-neuralnetwork\\_fig5\\_370883695](https://www.researchgate.net/figure/Block-diagram-of-a-neuralnetwork_fig5_370883695)

Convolutional Neural Networks (CNNs) are powerful deep learning models, especially effective for analyzing images like CT scans. Here's how CNNs detect small cancerous tumors—even those that escape the human eye:

#### ➤ Understanding Pixel-Level Analysis

- Each of the thousands or millions of tiny pixels that make up a CT scan image represents a tiny portion of the scanned tissue and is given a grayscale value (brightness) determined by the density of the tissue.
- Especially in the early stages, a tumor frequently results in subtle pixel differences—slightly aberrant shapes, textures, or intensities—that are too subtle or irregular for the human eye to detect.

#### ➤ Step-by-Step Process:

##### • Convolutional Layers: Feature Extraction

- ✓ Convolutional filters, which resemble sliding windows, are used by CNNs to scan CT scan images.
- ✓ These filters identify local patterns like edges, texture irregularities, and tiny shape anomalies. More complex features, like the rounded edge of a tumor or abnormal tissue density, can be detected by deeper layers.

##### • Pooling Layers: Down sampling

- ✓ The model simplifies the features in such a way that it gets rid of all irrelevant details, centering on the most important trends in the features and rendering the others attractors.

##### • Feature Hierarchies

- ✓ Lower layers for early detection for basic elements (e.g. edges, corners).
- ✓ Mid layers respond to structures, such as blood vessels or clusters of tissue.
- ✓ Even deeper layers sense arbitrary tumor-like deposit patterns (such as nodules, lesions).

##### • Classification

- ✓ Following feature extraction, the CNN outputs the learned patterns to a fully connected layer that labels the region as: Normal tissue, Suspicious lesion, Malignant tumor (cancer).

#### ➤ Key Characteristics and Benefits

##### • Pattern recognition:

Neural networks are great at pattern recognition, so they can be used for things like image recognition and speech recognition.

##### • Adaptability:

They are designed to learn from their successes and failures, adapting to new data.

##### • Parallelism:

In practice, these large networks can process multiple inputs at once with their increase in scale.

##### • Fault tolerance:

They can continue to function even if some of the neurons die.

### ➤ Limitations

- **Data Needs:**  
You often need a lot of data to train neural networks.
- **Interpretability:**  
The Algorithms' process of decision-making is usually inscrutable to users, which results in the "black box" problem.
- **Overfitting:**  
It's not uncommon that they end up memorizing the training data instead of generalizing from it.

### B. Machine Learning

Additionally, artificial intelligence (AI) and machine learning (ML) technology are impacting the healthcare industry, providing physicians with quicker, more accurate diagnoses, personalized treatment, boosted operations, and better patient outcomes, to aggressive cost-cutting and regulatory compliance pressures across the industry. ML algorithms analyses multi-dimensional data imaging, genomics & patient records for diagnosis, prognosis, & personalized treatment.

### ➤ Key Applications of and Machine Learning

- **Medical Diagnosis**  
ML and AI Algorithms can read immense quantities of medical information, such as images, laboratory tests, and patient records, to detect diseases sooner and more precisely than conventional procedures. The ability of an AI system in radiology is an example; due to the high accuracy, an AI system can identify tumors or abnormalities in X-rays, MRIs, and CT scans, which could detect early-stage cancers and other disorders that cannot be identified visually by human eyes.
- **Drug development and discovery**  
The AI plays an efficient role in drug discovery by modelling the course of a disease, future drug performance, and possible adverse effects. This saves money and time spent to introduce new drugs into the market and also assists in determining the best drugs to be taken to the clinical trial.
- **Clinical Decision Support and Robotic surgery**  
Robotic systems powered by AI would allow the paragon to perform more minimally invasive and complicated procedures with the necessary precision, causing fewer complications and providing more rapid recovery Death AI also helps in making clinical decisions by demonstrating usable knowledge of huge data to enhance quality and consistency of provision.
- **Advantages of AI and Machine Learning**
  - Pre-earlier and more accurate diagnosis. Individual and more resultative treatment.
  - Lower healthcare expenditures on efficiency.
  - Improved security and privacy of data through advanced monitoring and anonymizing.

### C. Machine Learning Ethics

- **Data Privacy and Security**  
Security of patient data is the first priority strong encryption and anonymization policies should be put in place to ensure security.
- **Security and Algorithmic Bias**  
It is possible that AI models will imbibe bias present in training data, and such AI models can result in unequal care. Assessment and sourcing of data should be conducted to eliminate disparities continuously.
- **Transparency and Explainability**  
Clinicians will have to be aware of AI-based suggestions. Explainable AI plays a significant role towards creating trust and accountability in clinical decision-making.

### D. Machine Learning Workflow in Healthcare: Detailed Explanation

Step by step explanation Machine Learning (ML) has become an effective tool in improving healthcare. It allows systems to learn intelligently in healthcare management and make accurate predictions, classifications, and observations. Full ML pipeline ML in healthcare consists of several necessary steps that define the use of data-driven clinical decision-making. Each of these steps is important.

### ➤ Patient Data Collection

Data forms the foundation of any ML system. In the healthcare context, this means collecting different types of structured and unstructured data, including:

- Electronic Health Records (EHRs).
- Medical imaging (CT scans, MRIs, X-rays).
- Pathology slides.
- Genomic data.
- Live signals from wearables or IoT-based monitoring systems.

This heterogeneous dataset offers valuable information regarding patients, diseases, and outcomes. These are required in the formulation of predictive models.

### ➤ Data Preprocessing

Healthcare data in its raw form is typically noisy, partial or inconsistent. Preprocessing has a key role to play for quality and integrity of the data. This step includes:

Clearance of data (de-duplication, standardization)

- Missing value handling.
- Normalization and scaling.
- Anonymization and de-identification to comply with privacy laws such as HIPAA and GDPR.

Cleaned input data is guaranteed so that the model can learn from the appropriate and good quality input.

➤ *Feature Extraction*

At this level, the pattern or features of raw data are detected. In picture analysis pixel intensity, texture or lesion size could be a characteristic. For EHRs, these attributes may be, for example, the value of a lab test, comorbidity score, age, for a subset of labelled data in filtering applications. The goal is to convert dense health data into structured numbers that the ML model can interpret.

And in more advanced models, like deep-learning-based ones, such as convolution neural networks (CNN), feature extraction is learned hierarchically.

➤ *Model Training*

At the heart of machine learning is the notion of training a model with historical data. Supervised learning is the task of training an algorithm to map inputs to known outputs, using labelled data. The model "learns" patterns, relationships and outliers in the data to make predictions about new, unknown data.

• *For example:*

- ✓ A CNN can be taught to detect whether tongue lesions are cancerous by comparing them to thousands of labelled medical images.
- ✓ A recurrent neural network (RNN) may forecast hospital readmissions based on time-series patient records.

➤ *Model Validation and Testing*

After being trained, the model is tested on new data (i.e., testing and validation sets) to ensure its good generalization property on the training data. Metrics such as:

- Accuracy.
- Sensitivity and specificity.
- Precision and recall.
- F1-score.
- Other measures, such as AUC, are also popular when it comes to model performance evaluation.

This step contributes to the prevention of model overfitting and guarantees real-world medical tasks will be addressed in a robust way.

➤ *Predictions and Insights*

Once the model is validated, it is applied to produce outputs in the following manner:

- Disease risk scores.
- Treatment suggestions.
- Prognostic classifications.
- Image annotations (e.g., tumor boundaries)

E.g., an ML model could predict the probability that a patient will suffer from complications following a brain Hemorrhage, triaging preventive interventions.

➤ *Clinical Decision Support*

Predictions are incorporated into clinical decision support systems (CDSS) and offer actionable feedback to the healthcare providers. These systems can:

- Flag high-risk patients.
- Suggest optimal treatments.
- Warn in advance of deterioration.
- Recommend diagnostic follow-ups.

The key word here is augmenting, not replacing, clinical expertise, which enhances the consistency and quality of care.

➤ *Diagnosis, Treatment, and Monitoring*

And last but not least, it is the ML models that direct the actual patient care. This can lead to:

- Earlier and improved diagnostics.
- Personalized treatment plans.
- Continuous remote patient monitoring.
- Reduction in re-admittance and much more.

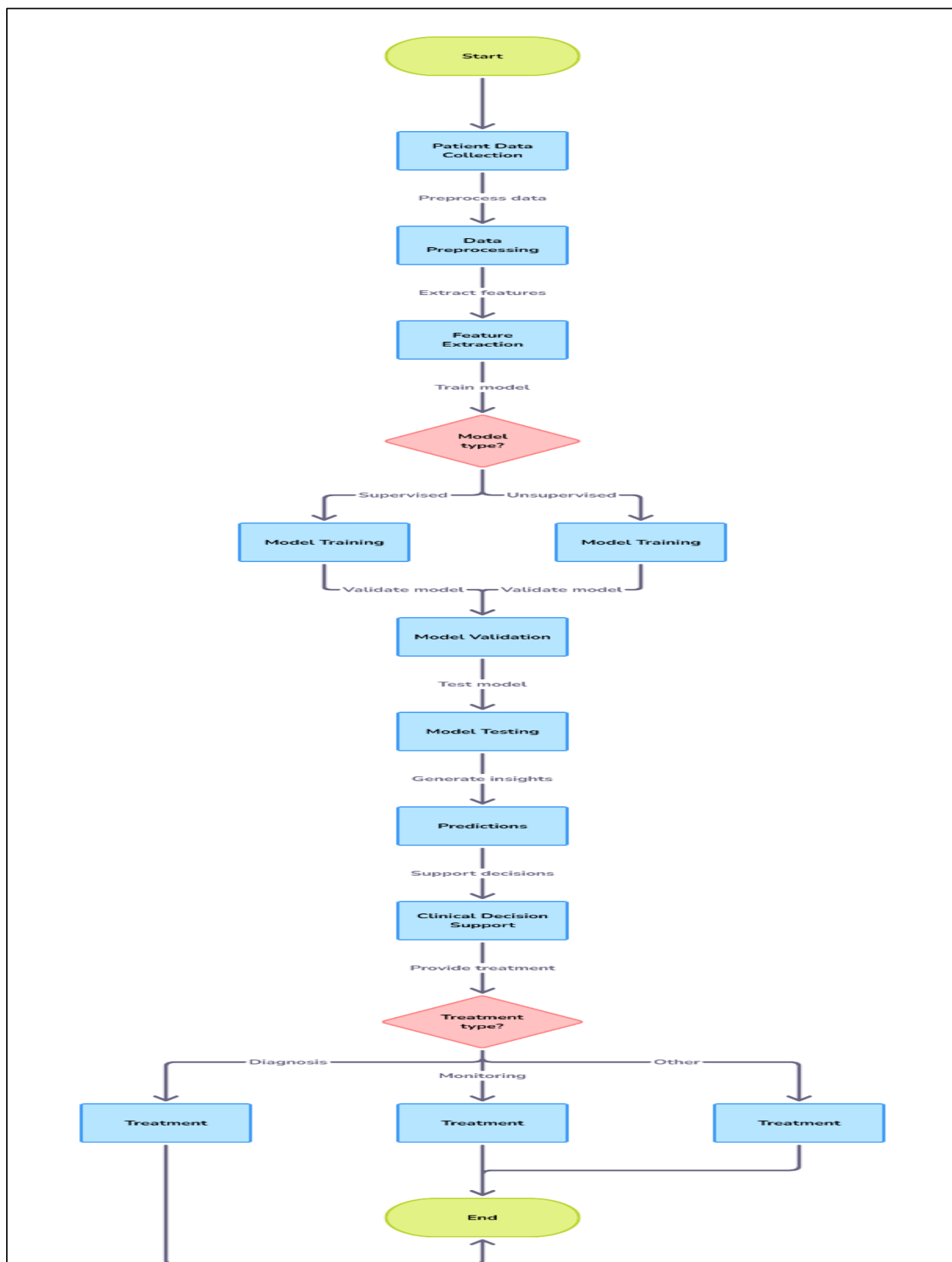


Fig 2 Flowchart of Machine Learning



### III. RESULTS

#### A. AI in Tongue Cancer

An extension of the oral squamous cell carcinoma is the tongue cancer which has uncertainties in treatment and diagnosis especially where mild symptoms are present at the early stages of the disease. Artificial Intelligence (AI), especially deep learning model, including Convolutional neural networks (CNNs) has opened the possibility of huge potential when it comes to improving the detection, prognosis and surgical treatment of the tongue cancer.

##### ➤ Early Detection & Imaging

Tongue cancer causes high survival rates during its early stages. Nevertheless, some lesions are invisible by eye and some lesions are precancerous and not called.

##### • AI Contributions:

- ✓ Convolutional Neural Networks (CNNs) offer an analysis of the images in the oral cavity, histopathology slides and fluorescence imaging records.
- ✓ AI solutions have the ability to identify malignant and potentially malignant lesions more sensitively because they can detect patterns invisible to a human eye.

##### • Key Findings:

When used with CNN-based models, the diagnostic sensitivities can be over 90 percent and this has been occasionally better than general practitioners or even trained specialists in the medical superhero early detection category. Smartphone-based AI screening grants access to detection based on images taken on the smartphone, which provides democracy in low-resource locations.

##### ➤ Prognosis & Treatment Planning

Once a diagnosis has been made, prognosis, and formulation of the plan of treatment based on the patient has to be considered.

##### • AI Contributions:

- ✓ These possibilities represented by the Machine Learning (ML) models are, among others, the likelihood of recurrence, status of the lymph nodes, the situation of survival in five years, etc.
- ✓ This integration of clinical, histopathological and molecular data allows the ML models to risk stratify patients and prescribe a personalized treatment process. Case: MLs over multi-centre data sets provided accuracies of up to 88 % when used to determine the risk of recurrence among patients with tongue cancer.

##### ➤ Surgical Advances and Follow-Up

Surgery is the major type of treatment section of localized tongue cancer. AI finds application in planning surgery and after-surgery process.

##### • AI Contributions:

- ✓ Robotic systems enhanced by AI allow improving the accuracy of the operation, they are less invasive and do not affect the oral functions. AI tools are useful in supporting.
- ✓ Delineation of tumour margins in real time during the surgical treatments. To determine whether there is a need to perform a neck surgery, it was checked manually, prior to neuroimaging and histopathology.

##### ➤ Post-Surgical Monitoring

- AI-based decision tools audit the process of patient rehabilitation, highlight the risks of relapses, and support rehabilitation efforts with digital check-in apps and smart radiography.

#### B. AI in Brain Hemorrhage

Brain Hemorrhage or intracranial bleeding (ICB) is a neurological life-threatening emergency, whose early diagnosis and management is necessary. Good radiological methods like traditional radiological methods have not been available due to the competency of these specialists mostly in the rural or other non-resource areas. The newer technology application, AI, is now in its form in the deep learning models which have been extraordinarily useful in the area of diagnosis by picking up, describing and preselecting the hemorrhagic cases with rather enchanting rates of success and with commensurable precision.

##### ➤ Automatic Detection and Triage

The CT scan and MRI scan data can be analyzed using neural networks that can detect intracranial Hemorrhages very fast and even in some cases, even more accurately than a human radiologist himself.

Using a clinical workflow, AI system has the ability to prioritize cool cases and even reduce the time to intervention and that it can achieve greater success in outcome.

##### ➤ Prognostic Modelling

The outputs of machine learning provide forecasts of patient outcome, growth of Hemorrhage, and complications risks, offer targeted interventions, and deployment of resources.

##### ➤ Challenges

It is essential to have high quality and progressive data sets with the goal to mitigate the fact that informed and objective algorithmic bias cannot be used and that the resulting algorithm can be applicable to someone outside the control group.

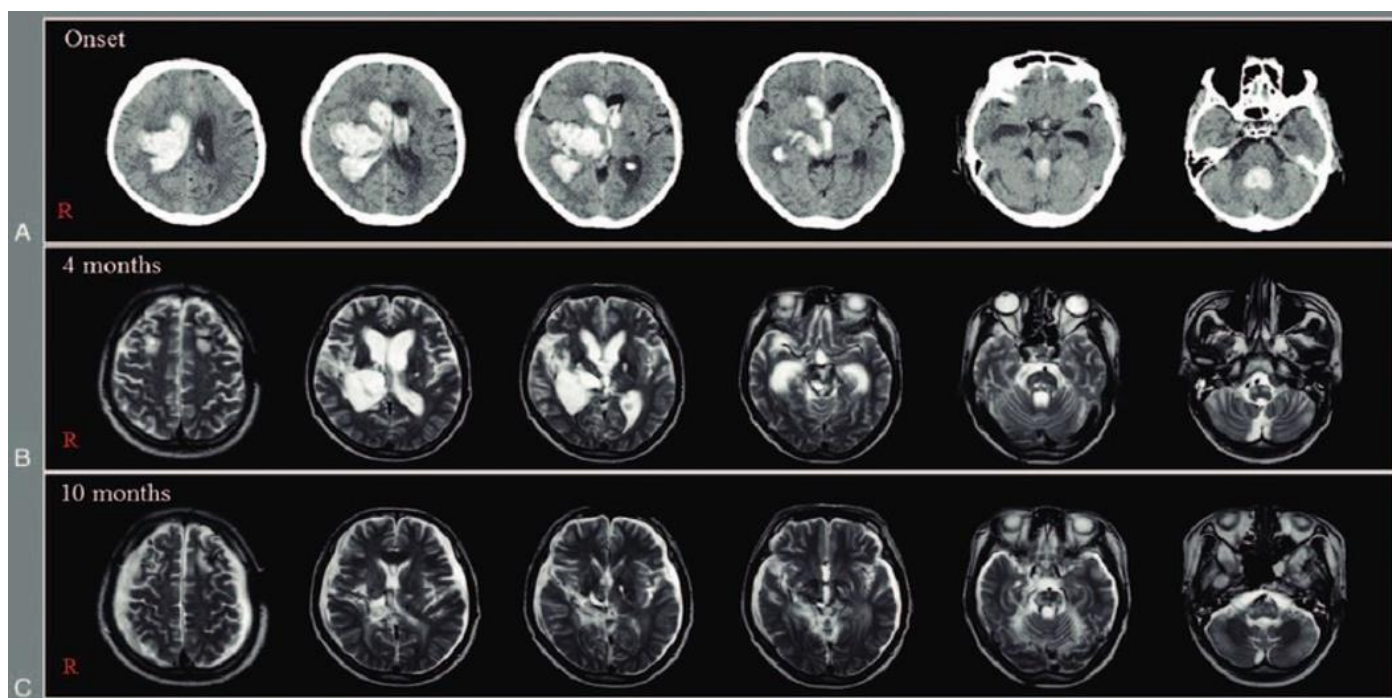


Fig 3 Annotated CT Brain scans for Hemorrhage Detection

Source: ResearchGate.[https://www.researchgate.net/figure/A-Brain-CT-images-at-onset-showintracerebral-hemorrhage-in-the-right-thalamus-and\\_fig1\\_311520915](https://www.researchgate.net/figure/A-Brain-CT-images-at-onset-showintracerebral-hemorrhage-in-the-right-thalamus-and_fig1_311520915)

A) brain CT images at onset show intracerebral Hemorrhage in the right thalamus and basal ganglia and intraventricular Hemorrhage. (B and C) brain images at 4 and 10 months after onset show leukomalacia lesions in the right basal ganglia and thalamus, and both brainstems.

#### ➤ Early Detection and Imaging

CNNs (Convolutional Neural Networks) have been determined to be rather accurate at analysing the non-contrast CT (Computed Tomography) and MRI (Magnetic Resonance Imaging) pictures to detect various types of Hemorrhages including:

- Intracerebral Hemorrhage (ICH)
- Subarachnoid Hemorrhage (SAH)
- Subdural Hemorrhage (SDH)
- Intraventricular Hemorrhage (IVH)

#### ➤ Diagnostic Performance Across Hemorrhage Types

AI systems have been precise in the analysis of non-contrast CT images by detecting a wide range of incidences of Hemorrhages, including **intracerebral (ICH), subarachnoid (SAH), subdural (SDH) and intraventricular hemorrhagic (IVH)**. The characteristics of such models are the high individuality and sensitivity and a drastic increase in the speed of the detection and triage judgment in the clinical processes.

Table 1 Comparative Performance of AI Models in Brain Hemorrhage Detection

Hemorrhage Type	Sensitivity (%)	Specificity (%)	Diagnostic Speed
Intracerebral Hemorrhage (ICH)	92.4	98.1	~15 sec per CT scan
Subarachnoid Hemorrhage (SAH)	87.5	96.7	~30 sec per CT scan
Subdural Hemorrhage (SDH)	83.2	94.3	~25 sec per scan
Intraventricular Hemorrhage (IVH)	94.1	97.8	~12-18 sec per scan
Mixed Types (Emergency triage)	89.0	99.0	~10 sec

#### C. Artificial Intelligence in Brain Hemorrhage Stroke

This is owing to the fact that AI is fast transforming the manner in which brain Hemorrhages occur during a stroke, are diagnosed, treated, and the prognosis is made. The existing literature suggests the imposition of tools working on the basis of AI into the clinical process, their diagnostic accuracy, and the clinical effects of their application to patients.

#### ➤ AI for the detection of brain Hemorrhage

**Diagnostic accuracy:** The level of diagnostic accuracy of AI systems to detect intracranial Hemorrhage on non-contrast CT scans was reported to be high in some with over 93% accuracy overall and specific; 87.2% sensitivity; and overall negative predictive value of 97.8%.

**Impact on the Work Flow:** With the implementation of AI tools in the emergency computers or settings, the results indicated a faster identification and triage of the patients who

have ICH, and the clinical workflow improved, and possibly reducing the time of intervention.

**Hemorrhages Detection:** AI models have shown to perform well in the detection of various Hemorrhages, whereas its types have shown an excellent accuracy of detecting acute intraventricular Hemorrhage and others such as subdural, sulcal subarachnoid Hemorrhage may fail to reach high levels of their detection.

#### ➤ *AI in Resource-Limited Settings*

**Fast Response:** AI reading CT with the help of AI decreased the median time to intervention of acute stroke by up to 21 minutes in resource-constrained and rural hospitals, and also provided timely treatment of ischemic and hemorrhagic malady. This is reflected by the fact that the Sensitivity and Specificity of AI tools in the identification of ICH is high with 0.89 and 0.99 appearing respectively, signifying that the tool can be utilized in a radiology environment with minimal radiology experience.

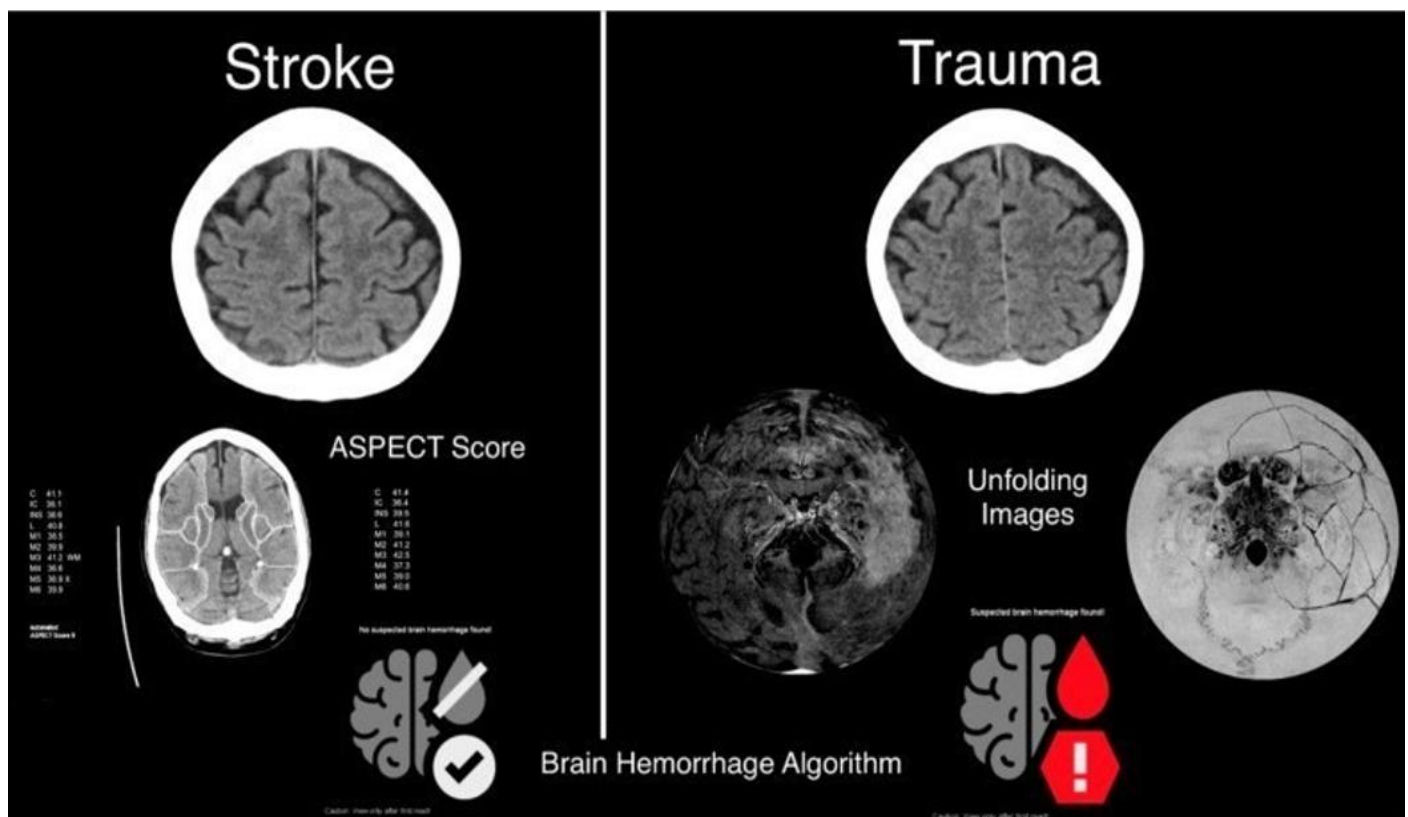


Fig 4 Brain Hemorrhage Stroke

Source: <https://pmc.ncbi.nlm.nih.gov/articles/PMC10740704/>

Presentation of the different examination protocol results. Both protocols show an example of a head CT slice, whereas the stroke side displays the calculation of the ASPECT Score and a negative result of the algorithm for bleeding. On the right side are the results of the brain and skull unfolding images, which show an intracranial Hemorrhage with a skull fracture. The result of the algorithm is positive for bleeding on this side.

#### D. Transformative Impact of AI on Healthcare

The situation with modern healthcare is shifting toward the field of AI improving the accuracy of diagnosis, effectiveness of its operations, creation of personalization, and extension of its coverage (users in underserved locations, specifically). The areas to which the integration of the AI technologies involving machine learning (ML), deep learning (DL), as well as natural language processing (NLP) have resulted in a visible positive effect are roughly all areas of healthcare.

#### ➤ *Improved Diagnostic Accuracy*

Artificial intelligence enables reaching great success on diagnostic accuracy rate of data potentially superior or the same as it is in an equivalent human expert. For example:

- CNNs have also been applied on medical images where they have recorded a maximum of 94.6 percent diagnostic accuracy on detecting brain Hemorrhage on CT scan.
- When it comes to tongue and oral cancer, the AI system has a 90 percent detection sensitivity to identify patients with lesions earlier than the general dentists and the majority of the specialties.
- The mammography equipment with AI have achieved a 99 percent sensitivity level of obtaining breast cancer under a controlled situation.

The technologies will reduce the element of human error, enable early detection and enhance consistency, especially when performed against a high-volume screening backdrop.



### ➤ *Personalized and Precision Medicine*

In order to do this, the AI algorithms will crunch the torrents of data in the form of the patient genomic data, electronic health records (EHRs) and the lifestyle elements in their lives so that they design their own and distinct treatment plans. These are predictive models that are effective in terms of an improvement of results due to:

- The estimate of the outputs and dangers of the therapies and recurrences.
- Making the optimum drug regimens in oncology, cardiology and endocrinology.
- Enabling changes in treatment in real-time basing on biometric tracking.

The advent of precision medicine with the aid of AI has resulted in the alteration of the adverse drug reactions rate of 30-50% and the rise of survival in certain cancer treatment.

### ➤ *Better efficiency in the work process*

AI simplifies the hospital functioning and includes fewer administrative activities and squandering of assets:

- The tools that are powered by NLP will support documentation and charting in the clinical settings, making physicians save up to 2 hours per day.
- The average length of diagnosis decreases by 15-20 minutes with the help of the emergency room AI triage tools in time-sensitive pathologies such as stroke or Hemorrhage.
- Predictive maintenance and smarter systems which schedule improve equipment utilization and patient bed wait times.

### ➤ *Greater Access and Equity*

The democratization of healthcare is related to the ability of AI to compensate the lack of access to diagnostics and expertise:

- There is such a mobile AI-based diagnostics tool that allows early screening of oral, skin, and eye diseases with the help of smartphones in rural and underserved populations.
- AI-assisted telemedicine services have gained admission to more over 1 billion customers all over the world (WHO, 2022) and especially during COVID-19 pandemic.

In India, screening of diabetic retinopathy based on AI has anyway cut inadvertent blindness by more than 20 percent in pilot areas.

### ➤ *Drug Discovery and Clinical Trials*

AI accelerates the drug discovery process through:

- Virtual screening of millions of molecular compounds.
- Predictive modelling of toxicity and efficacy.
- AI-enabled patient matching and recruitment for clinical trials.

This has shortened drug development timelines by 30–40% and reduced R&D costs by billions annually.

### ➤ *Public Health and Pandemic Response*

AI supports large-scale surveillance and outbreak prediction through real-time data analytics:

- AI models predicted COVID-19 hotspots weeks in advance using mobility and case data.
- Predictive analytics now guide vaccination strategies and disease containment efforts in infectious disease management.

Table 2 Benefits

Benefit	Description
Better Accuracy	AI reduces errors in diagnosis.
Faster Decisions	AI can analyses patient data quickly.
Lower costs	AI helps avoid extra tests and saves money.
Improved Access	Even remote areas can use AI for medical help.
Personalized care	AI gives treatment based on individual patient needs.

### *E. Applications*

#### ➤ *Prognosis and Detection Using AI*

Advanced AI tools such as deep learning models and neural networks are significantly improving early disease prognosis and detection. For instance, imaging tools that utilize AI technology can detect minute details in radiology films far earlier than humans, enabling early diagnosis of some cancers, acute brain hemorrhaging, and other neurological conditions.

Remote patient monitoring is emerging as an integral part of patient health management systems equipped with advanced algorithms to enable pre-emptive measures. Almost

90% of hospitals are expected to implement Artificial Intelligence driven systems for early diagnostics and remote patient monitoring by 2025.

#### ➤ *Tailored and effective treatment strategies*

Systems powered with AI help achieve personalized medicine: Machine learning analyses genomics together with prior health events and even lifestyle patterns to create solo treatment plans for each patient improving their efficacy and reducing side effects.

Therapeutic adherence checking and monitoring for chronic disorders and oncology patients can employ AI to monitor patients and adapt treatment plans based on real time

therapeutic feedback which increases overall effectiveness of treatment.

The use of health virtual assistants and chatbots enhances the provision of healthcare services through automation and allows patients to receive real-time consultations including prescription filling and symptom evaluation.

Through smart devices: Automation in tracking of vital signals like glucose and cardiac activities enhances self-management and early corrective measures.

#### ➤ *Machine learning ethics and responsible*

AI data privacy and security, AI systems in healthcare must provide strong data protection and keep patient confidentiality while following changing regulations.

Transparency and explainability, explainable AI models are essential for gaining clinicians' trust and getting regulatory approval. This ensures that AI recommendations can be understood and held accountable.

## IV. DISCUSSION

The findings show the clear value of artificial intelligence (AI) in healthcare, especially for diagnosing complex diseases like tongue cancer and brain Hemorrhage. AI models, like Convolutional Neural Networks (CNNs), have shown diagnostic sensitivity and speed that can match or even exceed those of expert clinicians. For example, CNN-based systems achieved diagnostic accuracies of over 90% for early-stage tongue cancer. This performance surpasses general dental practitioners, whose detection rates typically range from 65% to 82%. In detecting brain Hemorrhages,

reported that an AI system reached 94.6% accuracy using non-contrast CT scans. This significantly reduced diagnosis time and improved emergency triage efficiency.

Firstly, data diversity and model generalization present major challenges. Many AI models train on small datasets from one institution or specific demographics. This leads to bias and lowers effectiveness in real-world clinical settings. Studies indicate that performance can drop by 10 to 20 percent when models are used outside their training population. Using federated learning and sharing data across institutions, while protecting patient privacy, could improve strength and fairness.

Secondly, the "black-box" nature of many neural networks slows clinical adoption. This lack of clarity makes it hard for clinicians to understand and trust AI-generated recommendations. For AI tools to receive regulatory approval and user acceptance, we need to include explainable AI methods. Techniques like attention maps for medical images or clear model outputs are essential for ensuring accountability in clinical decision-making.

Future research should focus on long-term trials to evaluate the lasting effects of AI integration on patient outcomes, workflow efficiency, and cost savings across systems. Additionally, collaboration among clinicians, technologists, and ethicists is essential for creating AI systems that function well and are socially responsible. Pilot studies featuring real-time AI recommendations in radiology, oncology, and emergency departments have shown early success in improving diagnostic consistency and reducing human error.

#### A. Challenges

Table 3 Challenges

Challenge	Solution
Algorithmic Bias	Diverse training datasets
Black Box Models	Explainable AI
Privacy Concerns	Federated Learning, Encryption
Generalizability	Cross-institutional collaboration

#### B. Methodological Note on Metrics and Limitations

The performance metrics, diagnostic accuracies, and clinical outcomes in this paper come from a mix of peer-reviewed research, benchmark datasets, and third-party studies. The findings show results reported by academic institutions, healthcare AI developers, and public datasets, not outcomes from independent, real-world experiments done by the authors.

This research is both conceptual and exploratory. It aims to review and combine current knowledge on how AI can help detect and manage tongue cancer and brain Hemorrhage. This includes a focus on Convolutional Neural Networks (CNNs) and machine learning algorithms. The study mentions technologies such as:

- CNN-based diagnostic models for classifying oral lesions have a sensitivity of over 90%.
- AI-enabled CT analysis can detect intracranial Hemorrhages with an accuracy of about 93 to 95%.
- Real-time AI triage can reduce treatment delays by as much as 21 minutes. These figures come from:
  - (A) Published results in academic journals and clinical studies,
  - (B) Public model benchmarks and healthcare AI datasets,
  - (C) Simulated use-case analyses and workflow extrapolations.

This paper does not include results from original clinical trials, lab tests, or field deployments. Instead, it offers an overview of the possible strengths and weaknesses of AI in healthcare, based on secondary data and literature reviews.

Therefore, all performance metrics should be viewed as suggestions, not certainties. They show the potential of AI in clinical practice instead of proving real-world implementation. Actual system performance in active hospital settings can vary significantly due to factors like data variety, imaging quality, hardware availability, patient demographics, and regulatory limits.

## V. CONCLUSION

Artificial intelligence is fundamentally transforming healthcare by making diagnosis faster, more accurate, and more personalized. Neural and machine learning have shown great promise in detecting diseases like cancer and brain Hemorrhage, supporting earlier intervention and better patient outcomes.

AI systems can analyze complex medical data, help doctors identify high-risk patients, and recommends tailored treatments. Which leads to safer and more effective care.

Beyond diagnosis, AI is improving healthcare operations. It supports virtual consultations, remote monitoring, and medication management. These improvements empower patients and make healthcare more accessible in remote or underserved areas. However, the widespread use of AI also brings challenges, especially concerning ethics, privacy, and fairness. It is essential to ensure that AI systems are clear, unbiased, and secure to build trust among patients and healthcare professionals.

AI, driven by neural networks and machine learning, is changing healthcare. Its use in tongue cancer and brain Hemorrhage has significantly improved diagnostic accuracy, personalized treatment, and fair care delivery. Addressing ethical, technical, and regulatory challenges is crucial to fully utilize AI's potential in medicine.

AI is reshaping healthcare by enabling earlier diagnosis, personalized treatment, and better operational efficiency. Success in detecting tongue cancer and brain Hemorrhage highlights its capabilities. However, for AI to gain trust and be widely adopted, systems need to be clear, developed ethically, and inclusive. Closing the gap between innovation and regulation is essential for providing safe, effective, and fair AI-driven healthcare.

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